

**PREPARATION INSTRUCTIONS FOR  
ERC<sub>P</sub>**

**Endoscopic Retrograde Cholangio Pancreatography**

Arrival Time: \_\_\_\_\_

Date: \_\_\_\_\_

Doctor: \_\_\_\_\_

Do these things **7 DAYS BEFORE** the procedure:

**Arrange an escort:** You will be given medicine during the procedure that makes you relaxed and sleepy, therefore you cannot drive a car or take public transportation home by yourself. **You must have a responsible adult to accompany you home; otherwise your procedure will be cancelled and rescheduled. No exceptions.** Please inform your escort that the entire visit will last approximately 3 hours.

**Stop taking Iron. Continue taking your other medications.**

**If you are taking Coumadin or any blood thinner – call your doctor for special instructions.**

**If you need to cancel your appointment, call (617) 638-6525 option #1.**

Do these things **2 DAYS BEFORE** the procedure:

**Confirm your escort.**

Do these things **ON THE DAY OF** the procedure:

**Your stomach must be completely empty to allow for an adequate examination. Please **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT** on the evening prior to the procedure.**

- **Take your normal medication with a sip of water. Please bring a list of current medications.**
- **Diabetics- if you take insulin, take one-half dose of insulin on the morning of the procedure. If you take a pill for your diabetes, you may skip it on the morning of the procedure unless instructed otherwise.**
- **You may have clear liquids up until 6 hours before the procedure. **NO SOLID FOOD.\*****
- **Make sure your escort/driver is available to pick you up after the procedure.**

\* A liquid is clear if you can see through it. Examples include:

- Apple or white grape juices;
- Beef or Chicken broths that are clear;
- Tea and coffee **WITHOUT** milk;
- Soda, Gatorade, Kool-Aid, Jell-o, Popsicles, (any color **except red**)



**840 Harrison Ave, Boston MA 02118  
2<sup>nd</sup> Floor of the Menino Pavilion  
Across from the cafeteria  
617-638-6525 option#1**